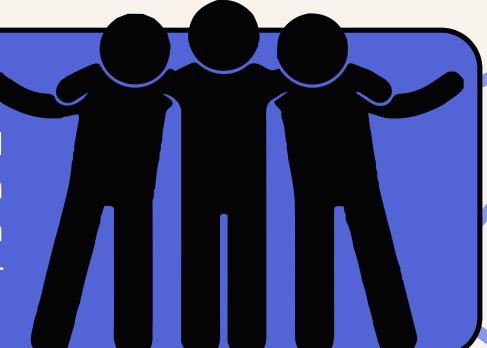


Patient Group for people with Sickle Cell Disease

Who can join?

Anyone who is a patient with Lewisham and Greenwich NHS Trust at either Lewisham University Hospital or Queen Elizabeth Hospital who has sickle cell disease, or is their parent or guardian.



AIM:

- Connect with Peers: Forge connections with others who understand living with sickle cell disease.
- Team Support: Gain support from psychology team members experienced in sickle cell challenges.
- Professional Insights: Benefit from occasional visits by professionals for information and Q&A sessions.
- Share Your Story: Share your experiences and learn from the stories of others in the group.

Frequently discussed topics

- Ways of accessing welfare and financial support, including PIP
- Dealing with education and employment issues
- Sharing ideas of how to live well with sickle cell
- Keeping up to date with developments in services and how to access them
- Working together to shape and improve services in sickle cell care

When: The first Wednesday of the month, between 17:30 to

18:30.

Where: Online via Microsoft Teams

How to join: You can ask to be added to the list by sending an email to:

<u>lg.sicklethalpsychology@nhs.net</u> or sending a text to: 07557253313